

# CASA GALLINA

CULTURA · COMUNIDAD · MEDIO AMBIENTE

NEWSLETTER JANUARY - MAY 2024



Workshop **Lakeside Cuisine from Tlahuac**

At the start of 2024, Casa Gallina continued its intensive program, both in Santa María la Ribera and in other territories, in collaboration with various agents and organizations dedicated to their communities, in such places as Nayarit, Chiapas, Oaxaca, Yucatan, Quintana Roo and Argentina.

The local work in Santa María la Ribera took place both within the Casa and with local institutions, consolidating long-term alliances with the Geology Museum and elementary and middle schools in the neighborhood. All these activities fostered linking the community through culture; actions related to the environment - including urban exploration workshops for girls and boys, culinary reflections on our former lake heritage, exhibitions and training courses with environmental education tools.

For details on initiatives that strive to strengthen our community and celebrate our alliances, see below:

**Environment and Community**





Workshop **Participative games - Footloose Safe Path**

The workshop **Participative games - Footloose Safe Path** was held in February, facilitated by Yosdi Martínez. Twenty-four girls and boys from Santa María la Ribera personally participated in sessions that explored their neighborhood's streets to detect special places, find safe paths, interview inhabitants and gather memories. The aim was to empower them to go around autonomously and express their right to the city.



Workshop **Lakeside Cuisine from Tlahuac**

Aracely Márquez, a cook and founder of the project “ From the chinampa to the pot”, guided 30 inhabitants of Santa María la Ribera in the workshop **Lakeside Cuisine from Tlahuac**, in order to reflect on the link between our former lake and the culinary traditions of original peoples, who still maintain traditional recipes.

## Artistic Projects



*Mondosyi* exhibition at Geology Museum

The Geology Museum hosted the exhibition ***Mondosyi*** from February 13 to April 21, which provides an audiovisual overview of the cultural and environmental diversity in Rayon, state of Chiapas, through the eyes of Saúl Kak, a native artist, and biologist Maria Silvia Sánchez. Focusing on the Zoque cosmovision, it tells the legend of Mondosyi, an elf that dwells the mesophile forests in the misty mountains and which merges the human, natural and supernatural worlds. Aiming to sensitize and bring the Santa María la Ribera community closer to other cultures and visions of the world, guided tours were held for schools and neighbors, highlighting the importance of nature and its link to the legends that live in our collective imagination.





*We Make Our River* exhibition at *Galería Ramón Alva de la Canal*, in Xalapa

The exhibition ***We Make Our River*** had its third iteration in the Universidad Veracruzana's *Galería Ramón Alva de la Canal*, in Xalapa, state of Veracruz. In this version, the exhibition was displayed and curated with a focus on a university public. During the 57 guided tours offered by the university's team, the gallery received various groups of students as well as 1,153 girls and boys. It included parallel activities that foresaw the inclusion of the local artistic community in a dialogue about their territory. This version of the exhibition was a resounding success with many visitors/inhabitants of Xalapa, since many of them have links to the Papaloapan river basin.

## Educational Program



Training sessions for the book-game *Recrea. A Compilation of Educational Strategies*

Between February and April, various training sessions for the book-game *Recrea. A Compilation of Educational Strategies* were held. For the preschool level, a five-day workshop was conducted with 14 students from the National School for Kindergarten Teachers on methodologies for environmental education in preschool, using Recrea as a focal point. Additionally, work was done with CENDI Bugambilia and the Elena Zapata Kindergarten, both preschools in Santa María la Ribera, emphasizing neighborhood issues and possible environmental care activities. At the Nellie and Gloria Campobello National Dance School, 44 teachers in training explored how to integrate environmental education into the teaching of folkloric, flamenco, and contemporary dance. At José Vasconcelos Daytime Secondary School No. 46, 16 teachers received training to incorporate environmental teaching tools into various subjects. Finally, at Casa Tlacuache in Cholula, Puebla, two virtual sessions were held with 16 partners to delve into the use of the book-game in local educational projects.

## Community Services





Anniversary of the **La Dalia** market

A group of neighbors prepared artisanal soaps to commemorate the 64<sup>th</sup> anniversary of the **La Dalia** market, as a gesture of thanks, under the guidance of cosmetologist Marisol Torres. Once made, the group gave each stall-holder in the market a recipe book with home remedies using ingredients available in La Dalia market, along with a soap they had made.

## Other Alliances



The encounter **Walking Time** in Yucatán

The agroecological school *U Yits Ka'an* in Mani, state of Yucatan, in collaboration with Spore, welcomed the Casa Gallina team and numerous agents and organizations from Nayarit, Chiapas, Oaxaca, Yucatan, Quintana Roo and Argentina for the encounter **Walking Time**. It involved reflecting about *Xook K'iin*, a Maya concept used to name knowledge related to predicting time, the relation between man and his surroundings and climatological interpretation through the signs nature provides for us. Over the course of three days, Rafael Rentería and José Guerrero from Casa Gallina implemented a laboratory to share the collective mapping methodology to use didactic exercises so as to trace future routes that maintain collaboration and generate tools that consolidate learning this practice of reading and walking time.



Please visit our website [www.casagallina.org.mx](http://www.casagallina.org.mx) and follow us on social media: [Facebook](#), [Instagram](#), [Youtube](#), for further details.

---